

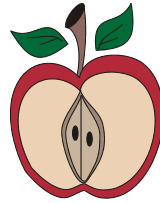
Cinnamon Apple Pancake Mix

3/4 cup milk
1 egg
2 TBS Watkins Original Grapeseed Oil *

In medium bowl combine eggs, milk & oil. With fork, blend in pancake mix until moistened but still lumpy. Cook on lightly greased griddle or skillet. Makes about 10 5" pancakes.

Ingredients: flour, sugar, Watkins Baking Powder, dried apples Watkins Cinnamon, dried apples, salt

* While Grapeseed Oil is the most healthful oil, you may substitute any vegetable oil in this recipe.



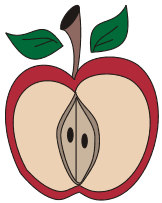
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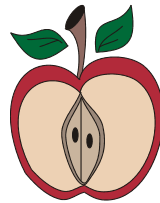
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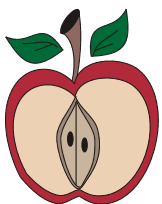
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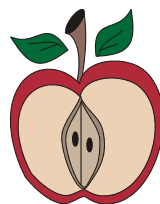
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